





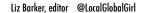


I've really enjoyed putting this edition of the Aire Valley Mag together, mostly because it has been a great team effort. Joanne, Diane, Clive, and the distribution team all play a part and I am grateful for their dedication and effort. I also use the services of talented designers and photographers and a handful of regular contributors. Three cheers for great local talent and community spirited individuals!

The property market appears to be picking up and you will find a number of pages highlighting whats on offer in the Aire Valley.

The New Year is a great time to learn a new skill or join a course. Take a look at pages 6 & 7 to see a variety of locally based classes.

Finally, from the whole publication team, we wish you the very best this festive season and a happy and healthy 2014.





CLIVE: FIT FOR PURPOSE

Retired teacher. exam invigilator and assistant examiner, Clive Sherratt, taught at Bingley Grammar for 31 years but despite

retiring in 2005 still goes

into a number of Bradford schools to look after exams (and also Bradford University where he studied from 1969 to 1972). He has marked GCSE History since 1994 and now marks GCE General Studies and still retains his interest in education.

Clive first became involved with the distribution of publications in 2006. At its peak he was regularly delivering 900 + copies of the (Keighley) Target/Advertiser over a large part of Oakworth before the withdrawl of publication in 2012. The experience gave him a good grounding for the contract work for Aire and Worth Valley Mags beginning in 2008.

"From even before the start of my contract work with Aire and Worth Valley Mags I was impressed by the quality of the magazines and have since found that this opinion is shared by the overwhelming majority of the magazine's readers who have been consulted over the years I have back checked the mags" Clive asserted.

"I have received any number of pleasing comments such as

"I always look forward to receiving my copy"

"I got an electrician/painter and decorator plumber through the magazine"

"I find the articles both interesting and informative"

Back checks have consistently revealed a good delivery rate across an expanding area and a positive feedback from respondents. "As well as my back checking work, I am also on call when needed as relief deliverer and have recently taken the role of regular deliverer of the Oakworth Goodley Round."

Never one to sit still for long, Clive started doing distance running and long distance walking in 2010 when he reached to age of 60. Since then he has run four full marathons and three half marathons (including the Great North Run). He aims to complete five full and half marathons by the age of 65. He hopes to do the London Marathon and reach his target of raising £5000 for charity. Clive's next run is the Edinburgh Half Marathon in May 2014. Anyone who wishes to support his chosen charity Macmillan Cancer Support can do so by going to Clive's Just Giving site.

As far as Clive's long distance walking exploits are concerned he has already done Wainwright's Coast to Coast, Hadrian's Wall, The Pennine Way, The Cleveland way and St Cuthbert's and St Aiden's Way while his next long distance walks are Lady Anne Clifford's Way and The South Downs Way.

Clive's activities hold him in good stead for the back checking and magazine delivery work. We're pleased he is fit for purpose! If you have any questions about magazine deliveries in your area, please contact the Worth & Aire Valley office. 01535 642227

WORTH & AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Reach 20,000 households in Worth & Aire Valley



From only £29.66 (+VAT) per magazine (*1/8 page spious 3 month commitment)

Established in 2006 we are genuinely your local Community Magazine.

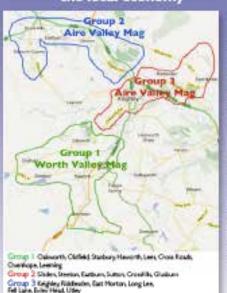
- Local Business Directory
- Supports LOCAL Groups
- Puts money back in to the local economy
- Delivered through doors monthly
- Community News
- **Business Profiles**

Here's what our advertisers say...

Advertising to the Worth and Aire Valley magazines has been critical to the success of my business. The magazines are highly rated by my customers and I have lest court of the number of people who tell me that they found me in these magazines, I have tried numerous ways to advertise my business but come of them have been as successful as advertising in the Worth and Alve Valley reagazines. Sensitive advertising costs and local content make these magazines a focal point in the iscal community.

Chris (British Chimney Sweep Service)

I have advertised with the Aire Valley May now for a number of years to which I have had a fastastic suspense, I feel that the magazine is an honest publication that local people have learnt to know and trust. I know from the feed back that I have received from my asstorners that this little back. is not only so interesting read but also provides a solid base for local business to promote there services, I can only thank bonne and the team for consistently providing a quality publication that is well presented, has great distribution and is favoured above other such magazines that we receive through our letter bases. May all your great work continue? Steve Edwards, Managing Director, Cobbydale Construction Ltd, Silsden



Group 3 Keighley Riddleuden, East Morton, Long Lee, Fell Laire, Briley Head, Utley

Contact Us: 01535 642227 Email: info@worthvalleymag.co.uk

www.airevalleymag.co.uk



This spring we are opening our doors to adults. with a new range of part time occurrent for eduts being offered from January 2014. Pert Time courses include formal qualifications for exemple: Neil Treatments, Meccano, Derbaring Book leaving Plumbing Becarinel Installation 17th Edition, Children and Totaling Assistant, A range of charter training courses are also being offered. including Brichwork and Corporary & Joinery Introductions and Circular Sea Training. There are also a number of "Just for Fun". Community courses including Caligraphy for Dards and Instations, Digital Carriero First Stone, Weterminurs, Kritting, Josephere Making, Decorating Cup Calos, Guiter Playing For Bouirmans, Spanish For Bogirmans, Polish For Boyinners, Local History (Victorian Keighley) and Kainhlay's Industrial Haritaga), Grow your Own Fruit & Vagatables, Gardening Pots, **Containers and Harging Baskets and Creative** Writing - How to Write a Short Story. Adult Learners will be able to onjoy state-of theert facilities, including: Hairdnessing and Basuty Thorapy Salons, Children Training Rooms, and IT/Mass suites. There are also a range of quarietat festitios including industry standard workshops for Wolding & Februaries, Departry & Johnny, Bostrical Installation, and Plumbing & Sec Selety.

The Compus is also home to the STAR.

Contro, a likely science hub that uses space. as a theme to encourage young learners into undertaking saieme related subjects.

From would like to visit the comput, take a tour around the fabulous facilities, talk to students: and tutors, and receive convers information.

Make a date to visit our Keighley Compas-Open Night on Tuesday 14th January 2014 letacen 5-7pm. Further information can be found on the on the callege website exerts: page many benkritysallege as ut/index ptqs/ restin/conts/

Figure already brow what kind of subjects you're interested in ar you work to find out more about courses starting in spring and how to apply or errol yo to wavelendasity college anuly, or by contacting us directly. We have a friendly town ready to help you with course emuiries, chaint support, career advice and support to help you choose the right course.



T: 01535 685 000 / 0113 386 1997 E-course arquiry@hads:itycologe.ce.uk W: www.loadushpenlaga.nc.uk





that your wishes will be carried out.

- Inheritance Tax Planning
- Lasting Power of Attorney's
- Probate Services
- Protecting Against Nursing Home Fees

For a Professional, Caring & Friendly Service

Goodwills Professional

Call 01756 701132 info@goodwillsprofessional.co.uk



Or contact Pauline Brown, Assistant Headteacher, Tel: 01535 639782 or email p.brown2@southcraven.org

NEXT TASTER SESSION - THURSDAY 16 JANUARY 2014! For further details please email.

UNIVERSITY OF LISTS

01535 639748 or email k.higson@southcraven.org

Cumbria

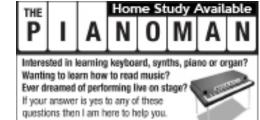
Pinnacle



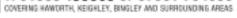
For more information call 0800 567 7618 or check



EARNING 1:1 www.tutordoctorhometutors.co.uk



CALL TODAY T: 01535 439609 or 07961 704656





07503 175989 steph.spence@btconnect.com



To advertise call Karen or Liz on 01535 642227



· Large Showroom

Choose From!

1 Spearhead Way. Lawkholme Lane,

Keighley BD21 3LA

Home Visits

Ridge House,

Ample Free Parking

1000's Of Fabrics To





Christmas is here at Elliot May with a good selection of Christmas gifts and gift vouchers to make your day really special.

Late night opening throughout Dec every Wednesday and Thursday till 8pm



Hand Painted Furniture

Gifts and Cards

Children's Painting Parties

Commissions

Now taking bookings for 2014 Furniture Painting Workshops using Annie Sloan paints and techniques.

Jan 18th or Feb 8th Full Day with Lanch £95

Jan 25th or 22nd February Half Day £45

Elliot May Furniture Boutique 4 High Street (The Old Co op) Steeton. **BD20 6NT** Mobile: 07599 842957 www.elliotmayfurniture.co.uk

01535 602988

Ask Aireworth Vets

your independent local practice

We like to tall you about the wide range of services we after - but this month we thought we'd let our clients do the talking instead. Here's what the animal lovers of the Worth and Aire Valley area said about us:



Doge & Pappies

"More than a Vets Practice, it's like a huge family"

"Staff are welcoming & friendly.. Prompt to answer questions, a lovely atmosphere and very thorough"

"Special thank you to all the nurses for the brilliant job they do"
"Thank you for looking after me, I am enjoying going mad off
the lead now!"



Horses, Penies & Denkeys

"Heartfelt thanks for everything, you were so understanding, caring and sympathetic... and kind, calm and gentle."

"You are a credit to your profession and a true here to me"



Cats & Kittene

"Thank you for your amazing skill, dedication and care"

"We always have full confidence in the advice given to us and the treatment provided"

"It makes such a difference when we know our pets are in such good hands"

"You were my first port of call"

Our website has lots of information and downloads, with many ways to contact us if you have a question.

We also have a busy Facebook page where you can read the latest stories, see pictures and share your views.

www.aireworthvets.co.uk



Complete Rewires • Test and Inspections New Builds • Lighting • PAT Testing • Sockets

WE WILL NOT BE BEATEN ON PRICE!
NO CALL OUT CHARGES! • FREE ESTIMATES!

Shaun: 07842 470695

contact@safehomelec.com www.safehomelec.com



www.anchorlogs.co.uk Email us at orders@anchorlogs.co.uk 01756 748342 or 07801 595333













Free Collection & Delivery





























COUNTRY COOKING & FORAGING FOR FOOD

For the promotion of Health & Wellbeing by Cath Bromwich



One of my cooking heroin's is my Aunt Janet. She grew up during the second world war with no electricity or

outdoor toilet. As she says 'I know what it is to be green, and I'm not doing it again!' She has however been cooking since she was 14 years old. As she puts it 'when the servants left my mum said 'Someone is going to need to learn to cook, lovey, and its not going to be me!" Now she has many years of great cooking behind her. I have had the privilege of learning from her. One of her tricks has been to keep things simple, and it is her recipes I'm sharing with you about sloes. Many think it is sloe gin that is special, but thanks to Janet, in my family it is Sloe gin chocolates that are important! Below you will find a recipe for sloe gin. The chocolates are made out of the fruit as a byproduct of making the gin. After you have made the gin and decanted it then you are left with the shrivelled, pickled fruit. The simplest thing to do is to melt dark chocolate and drop the fruit in it. Then you scoop out individual fruits onto a piece of baking parchment. Once they have cooled and hardened you can pack them in little boxes with tissue paper (there will be stones in each). Alternatively you can adapt any chocolate recipe calling for Morello cherries soaked in brandy. I use a fine grater to grate the alcoholic sloe goo off the stone. Sloe gin recipes seem to vary massively. I find this one a bit sweet and sometimes it goes syrupy. There is not exact science. Start with this and work out what you like and adapt. So finally the finding of sloes! The ware-abouts of sloes is a well-quarded secret in every town! I am not very good at identifying the bushes out of season but from late autumn onwards if you walk up footpaths in country that have lots of hawthorn in them, looking carefully, then you

will have a good chance of finding bare twiggy small trees with very small dark purple berries on. They are small, hard and bitter to taste. Once you have picked them you need to freeze them to 'bleat' them or get a willing auntie to spend hours poking each one with a fork to break their hard skins so that the lovely juice will come out.



Cath Bromwich, a Silsden resident, is a cookery teacher and forager with a background in health promotion. Her livelihood includes foraging, general and health-related cookery

for different conditions such as diabetes and coeliac disease. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/ourchoicefoodsforaging

Sloe Gin Traditional Recipe

75 cl Gin, 450g sloes (bleated), 450g sugar, 2 cinnamon sticks, A big jar or 2 (I use very large, used coffee jars).

Mix all the ingredients together until the sugar is dissolved. Place to the side and every day for about 2 weeks turn upside down and give a good shake. After this time put the jars somewhere out of the way and leave for as long as possible. As I have said, I like to have some for Christmas so 6 weeks is the minimum, but a few months is better. The longer you keep it the more it matures. You can strain it after a few months and rebottle. I have some in a clear decenter and it is beautiful colour.

SUDOKU

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

	7	6		3				
4		3	5	1		6		7
			4			8		3
7		2	3	8		4	1	
					4			6
6		8			1		7	
				7	5			8
	8		6		3	1	5	2
1	3	5						

		4						9
5	8	7	9	1	2			4
			6			7	1	
	5	6	2			8	7	
7					8			5
		3	7		4		2	
	2		4		6			
6		1	8		9	5	4	2
3						6		

	7				9		5	
1		9		2	4			
5				8		9	1	2
		5	4		2	7		1
	9	7		6		2	4	
	1				5			3
		4			3			7
	2		7			5		
	5	1	2	9		4		8

	6				4			
7	9	4				2	1	5
			7	9	5		6	
	3			8		4		2
	1		6		2			
4	8				9	1		6
2				7	6		4	
	4		3			5	9	7
1	7			5				

Sudoku solutions see page 23

DaleEddison

Estate Agents & Chartered Surveyors



Hainsworth Road, Sileden

ويستنها منا اعتبرون ابواري مارول الأ is set with a contraction with some LLS constraints with which How is an emissional and incompletely seen, with solely and health والموريدان والمناوراك والتارجونان والمناجور المناجوران المارد mindle, By College

£379.950



Canalside, Silsden

high page. Note or 1; not had placed of a local

£285,000



Skipton Road, Silsden

أخلق ويبر والأوجها بالما المساوا وبالأفاقة الأ مسهباك ها سالسهر دا با عشرهه با ETC miles in

£349.950



Lowfield Crescent, Silsden

الله منهم (مستقدمات بالدريمة إنها ما يا ينهم من الدراك والد BFC مسائلا مد شراسر

£220,000

Officially the UK's best Small Chain 2012





Wesley Place, Silsden

had be the beart of States with all the countries only a start what رجيه فالمرادية ليب مناسبا بالدرماني اسميا فالمناك بمر Market is describe assessment to be assessed the seconds. Fremise E

£149.950



Hawthorne Street, Silsden

ni arangi alian kalik aran



South View Terrace Silsden

The delicity will be sent security and that the ern, releasi benders and should, whiled the year through an external material years, with short and grainst excess within the rac i Ti mingi

£126,950



Bolton Road Sileden

de ables. Effendig F

£69.950





The Rider -King of the Mountains



Ode to the Tour Francis O'Dwyer 2013

Breathing getting harder Sinews straining Body wasted I must get to the top

Fingers - throbbing
Knuckles - aching
Wrists like lumps of wood
Forearms - rigid
Biceps - twitching
I'd stop if I could
Feet - can't feel them
Legs are wooden
Thighs are burning too

Down to thinner air we're breathing Climbing higher and higher Buttocks numb from the saddle Lungs and chest on fire

Head is throbbing
Tongue is rasping
As I fight for breath
Eyes are sunken
Cheeks are hollow
I must have a rest
Riders spread all down the mountain
I cant stop now
I am leading
Stronger than the rest
ONE descent
Another climb
Then a Polka Dot lersey

To prove that I'm the Best



I. How much did Santa pay for his sleigh? Nothing, it was on the house.

2. What kind of music do elves like best? "Wrap" music!

3. What's a good holiday tip?

Never catch snowflakes with your tongue until all the birds have gone south for the winter.

4. What happens if you accidentally eat a Christmas decoration?? You get "Tinsel"-itis!

5. Why does Scrooge love Rudolph the Red-Nosed Reindeer? Because every buck is dear to him.

6. What do you call Frosty the Snowman in May?
A puddle



Wherein the Aire Valley?

Where is the red x located in the photo to the right??

This months prize is generously donated by Keighley & Worth Valley Railways Day Rover Pass

Email your answer to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Jan 16 2014



Last month's winner was Craig Inman The correct answer was Elliot May Furniture Google Earth \odot

Have your business viewed by thousands of readers; sponsor this competition. To find out more contact 01535 642227





Your mobile operation may sharpy data usage for examing QE codes, please amon's you have the appropriate data plan. Highest lay in-Commonst backed including on partnership with householdson. "Yours price with 20% have applicable as a solution of plans, output to status, forms and conditions. They To Bay cannot be used to independent with any other solution. It is highly solved, for a last, instead it removed the solution plant and by Station House, in conditions that an IRA-failther advant by Station House, in conditions with any other flustess offer, insuger typical of flustess between Prices control of time of pints to price. YOUR FORE PART IR. REPOSESSED IN YOU WOUNT THE THE PART IR. REPOSESSED IN YOU WOUNT TO HOUSE THAT THE HOUSE CANNOT NOT HOUSE HOUSE CANNOT NOT HOUSE THAT THE HOUSE CANNOT NOT HOUSE





NEW creative courses in Harworth

- Life drawing classes
- Vintage Upholstery
- Hatmaking
- Weekend uphoistery courses
- Footstool making weekend course



Christmas Gift Vonchers now available

www.damsidemill.com Book online, or call Pauline on 177920 625615 Danside Mill. books lane, Hawarth 8022 JRA













Sudoku Solutions

8	7	6	9	3	2	5	4	1	1	6	4	3	8	7	2	5	9
4	9	3	5	1	8	6	2	7	5	8	7	9	1	2	3	6	4
5	2	1	4	6	7	8	9	3	2	3	9	6	4	5	7	1	8
7	5	2	3	8	6	4	1	9	4	5	6	2	9	3	8	7	1
3	1	9	7	5	4	2	8	6	7	9	2	1	6	8	4	3	5
6	4	8	2	9	1	3	7	5	8	1	3	7	5	4	9	2	6
2	6	4	1	7	5	9	3	8	9	2	5	4	7	6	1	8	3
9	8	7	6	4	3	1	5	2	6	7	1	8	3	9	5	4	2
1	3	5	8	2	9	7	6	4	3	4	8	5	2	1	6	9	7
2	7	8	~														
_	/	0	6	1	9	3	5	4	3	6	5	2	1	4	7	8	9
1	3	9	5	2	4	8	5 7	6	7	9	5 4	8	6	3	7	8	9 5
1 5	÷	Ĥ	-	2	÷	-	÷	ı.	-	÷	-	_	1 6 9	H	7 2 3	-	-
_	3	9	5	<u> </u>	4	8	7	6	7	9	4	8	i .	3	_	1	5
5	3	9	5	8	4 7	8	7	6	7	9	4	8	9	3	3	1	5
5	3 4	9 6 5	5 3 4	8	4 7 2	8 9 7	7 1 9	6 2	7 8	9 2	4 1 6	8 7	9	3 5	3	1 6 5	5 4 2
5 6 3	3 4 8 9	9 6 5 7	5 3 4 1	8 3 6	4 7 2 8	8 9 7 2	7 1 9 4	6 2 1 5	7 8 9 5	9 2 3 1	4 1 6 7	8 7 1 6	9 8 4	3 5 7 2	3 4 9	1 6 5 3	5 4 2 8
5 6 3 4	3 4 8 9	9 6 5 7 2	5 3 4 1 9	8 3 6 7	4 7 2 8 5	8 9 7 2 6	7 1 9 4 8	6 2 1 5 3	7 8 9 5 4	9 2 3 1 8	4 1 6 7 2	8 7 1 6 5	9 8 4 3	3 5 7 2 9	3 4 9 1	1 6 5 3 7	5 4 2 8 6

This Christmas at BOLTON ABBEY



Bolton Abbey Season Ticket The perfect pift that league on giving.

A Botton Abbey season ticted is valid for 12 mentils from date of purchase. It entities the holder to an unlimited number of victions and great discounts.

To purchase talephone 91795 718909.

12 Days of Christmas Trail 28th December and 3th January

Discover the 12 different sumes from the calabrated carrel come to life in Strid Wood, Free syant

licinia unitry the applies to the exerts.

01756 712 000 www.holianabhay.com



Sat 23rd Nov - Sun 12th Jan Rock Legends in Yorkshire at Salts Mill & 1853 Gallery In Gallery 2 (adjacent to the Diner) "Rock Legends in Yorkshire" over 60 photographs taken by Paul Beriff in 1963/4 of the icons of rock and pop - The Beatles, The Rolling Stones, Pink Floyd, The Kinks....and many more......Free entry Open 7 days 10.am until 5.30pm weekdays (6pm Weekends1

Sat 7th, 14th & 21st Dec Skipton shoppers will get an extra hour's parking free. Skipton Business Improvement District (BID) and Craven District Council are giving away one free extra hour on any parking ticket purchased in any Council car park in Skipton. The scheme is available only in Craven District Council owned Car Parks in Skipton. The scheme provides one additional hour on any ticket purchased between one and four hours. The expiry time printed on each ticket that is issued will be inclusive of the additional 'free' hour.

Sat 14th Dec 9.30am -1pm Arts. Crafts and Gift Fair at Silsden Methodist **Church** Made in Yorkshire (or very near) Art. Craft and Gift Fair with coffee shop for refreshments and level access. Free entry.

Sat 14th - Sun 15th Dec Torchlight Weekend in Haworth, With Music & Entertainment all weekend. Santas Grotto 1-4pm on the Sunday. An annual favourite with many visitors to the village. Saturday - Candlemas Eve - Santa & Mrs Claus lead the torchlight procession down Main Street

COMMUNITY PAGES

dancers, choirs, bands, Carol singing around Christmas tree at bottom of Main Street. The famous Sunday Torchlight Procession sees hundreds of torch and lantern bearers along with choirs and bands singing carols, wind their way up from the bottom of the cobbled Main Street to the Parish Church

Sun15th of Dec 10am Skipton Christmas Market. A full range of entertainment ensuring a Christmas atmosphere will take place in the arena on the High Street and at locations around the town. At 4pm the day closes with a procession up the High Street to the Holy Trinity Church grounds, where a traditional Christmas carol service takes place to round off a wonderful day.

Sun 15th Dec at 1pm Jack and the Beanstalk at Steeton's Community Hub. Family Tickets for 4 people £15 or £5 per person inc drink & biscuit. Tickets from Rosie Sanderson 01729 825944.

Sun 15th Dec Sutton's Outdoor Nativity held in Sutton Park. The event starts at 4pm at the Bay Horse and ends in the park at approx 5.15pm. All Welcome.

Fri 20th - Sun 22nd Dec Puss in Boots at the Mart Theatre in Skipton. More information Tel 01756 709666 Email: clare@themarttheatre.org.uk Website: www.themarttheatre.org.uk accompanied by the Holly Queen, Morris Sat 21st & Sun 22nd Dec Nativity

Weekend Nativity Weekend on Haworth Main Street

Tues 24th Dec at 4pm at St Peters Methodist Church Cross Hills

Christingle Service. The Communion Service will be at 6pm. Everyone Welcome.

Weds 25th Dec Christmas Day Service 10.30am at Sutton Baptist

Church - joint service with St Peters Church. Everyone Welcome.

Thurs 26th Dec - Sun 5th Jan 12 Days of Christmas Trail at Bolton Abbey 10am-

4pm. Enjoy a magical walk with family and friends at

Bolton Abbey over the festive period and discover the 12 scenes from the traditional carol come to life. Explore Strid Wood to find the 12 scenes - see 7 swans a-swimming, 3 real french hens and have a go on the drums. Free event, normal estate admission applies.

Sun 5th Jan 9.30am - 3.30pm Ilklev Antiques and Collectables Fair at Clarke Foley Centre. Monthly antiques and collectables fair held at the Clarke

Foley Centre. Admission 50p.

Tues 14th Jan Skipton Musical Theatre Company's Workshop for Oliver! 7.30 pm at Skipton Rugby Club, Sandylands, Engine Shed Lane, Skipton

BD23 2AZ Telephone: 01756 793736, Anyone interested in being

involved (Cast, Crew, Adults, children minimum age 9) please come along. Audition pieces will be ready from this date.

Sun 19th Jan The Ramblers group walk. Distance 11 miles.

Haworth to Sutton-in-Craven, Centre of Haworth we walk through Penistone Hill Country Park and along the edge of the moors to cross Bronte Bridge. Then to Ponden Reservoir. Blue Stone Delph onto Clough Hey Allotment and Keighley Moor Reservoir. We follow the valley down to Monkin Bridge and as we climb out of the valley we

head to America! On reaching America the route follows Lumb Clough Beck down into Suttonin-Craven. Time: 8am Contact: Doreen - telephone: 01204 651671. Non-members are welcome to join us as guests on two or three walks.

Mon 20th - Sat 25th Jan - Bus Stop by Keighley Playhouse. A light comedy. Four bus passengers have to stay overnight in a road-side diner during a snow-storm. More info visit www. keighleyplayhouse.co.uk. Box Office 07599 890769.

Sat 25th Jan - Sat 1st Feb Mother Goose Pantomime by Keighley Amateurs at Victoria Hall, **Keighley**.. Book tickets on line or call 08456252550.

Sun 26th Jan Join Craven Ramblers FMILY'S RAMBLINGS Meet, 10.00 a.m. West Lane. Haworth, on roadside GR SE 026 373 8.5 miles (M/S) Leaders: Richard & Eileen Tel 01274 822370

MIERRY CHIRISTMAS

TOP TECH TIPS by Michelle Thompson at CloudFree IT

When all is not as it seems...

Always up for a giggle are we at CloudfreelT, so our festive season got off to a comical start on 1st December with us yomping round Skipton, dressed as Santas. The lads had only just shaved off their November 'Moes', replacing them instead with full face white heards. With Christmas shopping and New Year Sales bargain hunting now a major online leisure pursuit, it's essential you don't allow your excitement to be dampened through lack of awareness that some things are not as they seem...

A sharp increase in the number of Ransomware infection cases coming through our service centre door prompts this festive reminder about online vigilance, folks!

Ransomware, commonly bundled up with music, movie and software downloads, may also be picked up from clicking on links to infected websites. It's not usually designed to self-replicate between computers, so it can only get onto yours if you are careless online.

Once present the infection may completely block normal use, and payment by credit card is demanded in return for giving back control. Some strains such as 'UKash' or 'the Police virus', on the loose for over a year, are frighteningly common now. Some are fairly straightforward to remove, but many are not. 'CryptoLocker' is one of the 'New Kids on the Block' (remember them?). It starts encrypting the contents of your hard drive, stopping you opening your documents, photos, music files etc. If you have mapped drives to folders on other computers on your home or business network, those too will be encrypted. A message appears telling you that the private key will be destroyed unless you pay a ransom to access the key before the countdown finishes. If you

try to remove the infection with an anti-virus product the key is destroyed. Reports indicate that paying the ransom may not get you your

Anti-virus products often overlook this kind of malware because the user has unwittingly opened the door for it. Vigilance is the key to a Happy Christmas online, so keep the following in mind:-

- 1. File-sharing & torrent services are NOT reliable - vou don't know whose computer you're downloading from! It's safer to stick to paying for your movies, music & software.
 - 2. Treat all links received in emails, or via messaging services & social networking sites as unsafe until vou check their validity - hover your mouse over the link (without clicking). The real web address (URL) will show up in the bar at the bottom of your browser or in a pop up box close to the link if vou're using an email client such as Outlook.
- 3. Be aware that URL shortening services e.g. tinyurl.com & bit.ly, used extensively on social networking services such as Twitter to get around length limits on posts, may be used by criminals to disguise a true URL, leading you to a site you would otherwise avoid.
- 4. Make regular full backups of your computer.
- 5. Ensure your computer creates system restore points when changes are made to the operating system, application software or data files. After removing the infection, you may be able to revert to a previous unencrypted version of each file one at a time (laborious if you have a lot of files, but great as a last resort!).

Stay safe online and have yourself a Very Merry Christmas & a Ransomware-free New Year!









To advertise call Karen or Liz on 01535 642227

26 2.7



Christmas can be both a rewarding and challenging time. It's common to get attached to our expectations for Christmas and in trying to achieve them get frustrated, stressed and even angry. Simple techniques can carry us over the hurdles allowing us to finish the festive season feeling relaxed and refreshed.

- 1) Externals are only so important. What we really want is to be happy and free from problems and for those we care for to achieve the same. Happiness is impossible if we feel un-peaceful and disturbed inside. Problems, worry, stress and unhappiness are types of mind; they are feelings and do not exist outside of the mind. Take a step back from your expectations and think about what is really important and meaningful.
- 2) Acceptance is a peaceful mind. We have so many expectations that there is little chance of them all working out. Rather than fighting this it's more realistic to accept the things that we cannot change with a happy mind. Try thinking of the bad feelings as being like a few moments of bad weather in the mind. Even the most

ferocious storm has no power to destroy the sky and will pass.

3) Other people see things differently than you! We get caught up in the fulfilment of our own wishes but one of the simplest tips for a better Christmas is to remember that other peoples' wishes matter. Christmas is about giving and the most important thing to help others achieve is a happy mind; for everyone you meet think, "this persons' happiness and freedom matter".

5 Minutes for Inner Peace

Experience inner peace with this simple meditation:

- Find a quiet place and take 5 min to calm the mind
- Sit comfortable and take a few moments to relax physically
- Bring your thoughts inward and turn them to the natural flow of your breath
- Breath away busyness, disturbance or distraction as dark smoke
- Breath in peaceful and uplifting golden light
- Relax into any peaceful feeling that comes

NEW YEAR NEW DIRECTION

No sooner is the New Year upon us and we are making plans for the year ahead. Mostly these will be plans for external developments, feeling greater happiness lies in these goals. Yet if we check every year we have been searching for lasting happiness from externals and have never succeeded and neither has anyone else. This shows that we have been looking in the wrong place. Happiness and suffering are states of mind and their causes must also lie within the mind. For 2014 to be better than 2013 we must make an effort to improve the state of our mind and develop peaceful and happy states of mind such as patience, contentment, compassion and wisdom. Only then can we make progress towards lasting peace of mind.



New Years Day Walk for World Peace

Haworth to Bronte Waterfalls/Top Withens Wed January 1st, 11am

Enjoy a walk and meditation dedicated to world peace starting at 11am at Haworth Bronte Parsonage Museum, stopping at the Bronte Waterfalls for a guided meditation with the option of continuing on to Top Withins. For further information contact the Buddha Land Centre. 01535 958189





Davies Lettings Ltd celebrated its first anniversary in November this year. Jason Davies decided to launch his own Letting Agency after being made redundant from Reeds Rains, Keighley, when the branch closed down in December 2011.

Jason is passionate about property and has over 10 years' experience as a Sales & Letting Agent. Since launching on 5th November 2012 then, his Agency has gone from strength to strength and he now boasts a portfolio of over 25 managed rental properties. Jason said, "If you're a landlord seeking responsible, quality tenants for your property and want to enjoy easy, hassle-free rental income each month, then Davies Lettings can help you."

Call now on 01535 872018 or e-mail info@davies-lettings.co.uk to arrange a FREE, NO OBLIGATION, Market Appraisal of your property.

USINESS DIRECTORY

Accountancy/Business related services

Accountax p13 Ask Andrina p13 Tax Assist p2

Aerials/Audio/TV

ADI p.13 Digi-man Aerials p.13 ILR p12

Bolton Abbey p23

Animal related

Aireworth Vets p10

Attractions/Groups/Events

Silsden Cricket Club p23 Keighley Campus p6

Keighley Playhouse p11 Blinds/Curtains/Upholstery

Damside p22 Phillipes p8

Building Services/Joinery

Cobbydale p3 Stephens Property Maintenance p 13

Chimney Sweeps

Bristles p11 Chiropody

Chiropody to your door p12

Cleaning / Domestic

Adele's Ironing p12 JA Services p12

Carpet Nurse p12

Craven Carpet Cleaning p11

Computer Related

CloudFreeIT p32 Computer Universe p2 Data Recovery p27

DVD conversion p21

Electricians

Safehome Electrical p11

Fencing

Worth V. Fencing p22

Hairdressers

Claire Elizabeth p22 Health & Mobility

Budhaland Centre p28 Fenetic Wellbeing p7

Locksmiths

Absolute Locks p11

Logs/Fuel/Heating Anchor Logs p11

Maintenance/Repairs

Cobbydale p3 Mick Roofing p22 Stephens Property Maintenance p13

Painting & Decorating R.P. Decorating p13

Plumbing / Tiling/

Kitchens

Adrian Butterfield p12 Cobbydale p3

GB Plumbing p12 Sean Middleton p12

Photography

Cavendish Cameras p27 Photography Tuition p19 You in Frame p1 & p22

Property Related

Whitegates p 31

B&B Brittany p27 Dale Eddison p16/17 Davies Lettings p29 Redrow p20/21

Retail

Cavendish Cameras p27

Elliot May p9 Phillipes p8

Restaurants/Pubs/Food

Purple Garlic p11

C.Bromwich Foraging p14

Roofing

Micks Roofing p22

Solicitors

Walker Foster p32

Tuition/Training

Elliot May p9 Kip McGrath p7

Keighley Campus p6 Photography Tuition p19

Pianoman p7

Schools Direct p7

Silsden Cricket Club p23 Stephanie Spence p7

Tutor Doctor p7

Welding & Fabrication

NewFabs p22

Wills & Legal Goodwills p7

Windows

Bob Beattie p13 Sagars p8

Would you like to feature vour business in this community magazine? Contact Aire Valley Mag on 01535 642227 mail@worthvalleymag.co.uk Ask about our leaflet

distribution service.



2 North Street, Keighley Tel: 01535 669588

Words can go across and down only. Words may overlap but do not share letters.

rcivywadventdbk ehpsnowmanrwegt Irhctltnltuzcxb vioam I p b j p d t e t n eslrmerryeonmpd stlorhprhallbns j m y l p m p z h c p p e l t oatsklvzyehgrmo ysdtmznmftoysrc scbrtnorthpolek Imkewfktsantayi e j febrl snowrm vn inreindeervxfda qfjinqlebellsyk hrntinselwdsta

Word Search

reindeer
rudolph
santa
sleigh
snow
snowman
star
star stocking
stocking
stocking tinsel

Happy Christmas to one and all! From Worth Valley Publishing Ltd.



Computers for Life!

(not just for Christmas!)

New & Used

CLOUDFREE**IT**

...the way IT's meant to be!

Laptops
Accessories
PCs & Monitors

Order Today!

Tel: 01535 358161

Unit S3, Kly Business Centre. South Street, Keighley BD21 ISY

Quality, value for money AND expert advice all year round

Cloudfree T is a trading name of Motion IT Conculting Ltd. Reg No. 6188845 (Eng & Water) VAT No. 906 9799 22

VISA 💝 VISA

WALKER FOSTER



Solicitors



love keighley.com

'The Big Local Firm'

Wills from £75 + vat

Lasting Powers of Attorney - £295 + vat

House Protection Trusts

Inheritance Tax Planning

Free Home Visits

Friendly Professional Service

Estates Administered - Fixed Fees Available

House Conveyancing - Ask us for a quote

Skipton 01756 700200 Silsden 01535 656000 Ilkley 01943 609969 Barnoldswick 01282 812340

Est. 1919

www.walkerfoster.com

info@walkerfoster.com

Stuart Rowland or

Susan Weeden on

01535 656000

Contact:

BIG ENOUGH TO MATTER, SMALL ENOUGH TO CARE

Sover photo by Andy Wilkinson @youinframe.co.uk